

# THE RECREATION SOCCER HANDBOOK



**2005-2006 Seasonal Year**

**A Manual for North Carolina Youth Soccer Association**

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# **RECREATION SOCCER – AN OVERVIEW**

## **Introduction**

North Carolina Youth Soccer Association defines a recreation team as one: that does not use tryouts, invitations, recruiting or any like process to roster players selectively to any team on the basis of talent or ability. The system utilized for rostering the players must be a fair and balanced distribution of playing talent among all teams participating. Every child must play at least one-half of each game except for reasons of injury or discipline.

North Carolina Youth Soccer Association strives to promote an emphasis on PARTICIPATION, not COMPETITION.

## **Philosophy**

It is well known that childrens' learning abilities vary with age. Thus, North Carolina Youth Soccer Association focuses on age appropriate training, as it is an important step in both the development of the player, as well as the team. Furthermore, North Carolina Youth Soccer Association emphasizes each player must participate an equal amount of time during the course of a full game.

## **Recreation Council**

The Recreation Council is made up of representatives from associations with Recreation Teams. The Council will set policies that YOU will play by; therefore, it is extremely important that you express your opinions on information/proposals sent out to your President or Recreation Representative so that they may vote your association's wishes at the Council Meeting.

The Vice President of Recreation, with the following guidelines, conducts Recreation Council Meetings:

- Establishment of a quorum – attendance must be 10% of the total number of currently registered North Carolina Youth Soccer Association Recreation Associations.
- Voting will be based on the number of registered Recreation Players from each
- association:

<b>Number of Players</b>	<b>Number of Votes</b>
<b>1 - 2,000</b>	<b>1</b>
<b>2,001 – 4,000</b>	<b>2</b>
<b>4,001 – 6,000</b>	<b>3</b>
<b>6,001 – 8,000</b>	<b>4</b>
<b>8,001 – 10,000</b>	<b>5</b>
<b>10,001 – 12,000</b>	<b>6</b>
<b>12,001 +</b>	<b>7</b>

A Recreation Council Representative may hold a maximum of four proxies from associations not in attendance. **(Four includes their own association)**

## **Recreation Liaison**

It is imperative that North Carolina Youth Soccer Association have a recreation liaison contact for each association. That person must be identified with an address, a phone number (home, work, and/or cell phone) and an e-mail address is required. *(A majority of communication is by email as voted upon by North Carolina Youth Soccer Association's Board of Directors in 2000)*. Should information change with that contact, North Carolina Youth Soccer Association should be immediately notified with that information. Our ability to communicate regularly with that person is directly related to how well we are able to fulfill our mission to bring the message and the opportunity of recreation soccer to every child in the state.

## **PLAYING SEASON**

### **US Youth Soccer Association/NC Youth Soccer Association Seasonal Year**

The soccer seasonal year operates from September 1 to August 31 of each year. Your player passes, team roster, and medical release forms are valid between these dates.

### **Field Requirements**

#### **U6, U5**

Dimensions: The field of play must be rectangular. The length of the touchline must be greater than the length of the goal line.

Length:            minimum 20 yards    maximum 30 yards

Width:            minimum 15 yards    maximum 25 yards

#### **U8, U7**

Dimensions: The field of play must be rectangular. The length of the touchline must be greater than the length of the goal line.

Length:            minimum 25 yards    maximum 35 yards

Width:            minimum 20 yards    maximum 30 yards

#### **U10, U9**

Dimensions: The field of play must be rectangular. The length of the touchline must be greater than the length of the goal line.

Length:            minimum 45 yards    maximum 60 yards

Width:            minimum 35 yards    maximum 45 yards

## U12, U11

Dimensions: The field of play must be rectangular. The length of the touchline must be greater than the length of the goal line.

Length:        minimum 70 yards    maximum 80 yards

Width:        minimum 45 yards    maximum 55 yards

## U13 and Up

Dimensions: The field of play must be rectangular. The length of the touchline must be greater than the length of the goal line.

Length:        minimum 100 yards    maximum 130 yards

Width:        minimum 50 yards    maximum 100 yards

## Duration of Play and Ball Sizes

The following times will be used in the various age divisions. Ball Sizes are also listed below:

Age Division	Minutes/Half	Halftime	Ball Sizes
U19, U18, U17	45 minutes	15 Minutes*	5
U16, U15	40 Minutes	15 Minutes*	5
U14, U13	35 Minutes	15 Minutes*	5
U12, U11	30 Minutes	15 Minutes*	4
U10, U9	25 Minutes	15 Minutes*	4
U8, U7	4/12 Minute Quarters	2 Minutes between quarters/5 Minute halftime	3
U6, U5	4/8 Minute Quarters	2 Minutes between quarters/5 Minute halftime	3

\*This is the maximum allowed by FIFA. Most halftimes will be approximately (5) minutes in duration.

## Referees and Referee Assignor

Associations are obligated to begin certifying referees and forming their own referee pools. This is especially important if the teams that are sponsored are “older” teams, as that is where North Carolina Youth Soccer Association experiences shortages. It is the responsibility of your association to send a person to the Referee Assignors Certification Class. The assignor classes are usually held in January and February at the North Carolina Youth Soccer State Office. Certification is good for two years.

If your association has No referee program, then you are required to find a Certified Referee Assignor (from another area) that will book your home matches.

**Officials** – (Game Manager, Coordinator, Observer, Director, Parent Volunteer/Coach) Your job is to keep the playing environment FUN, SAFE and focused on the child.

In addition, you need to keep time, enforce the rules, stop and restart game. When you stop the game because of a foul, ball out of play, goal or another reason, take the time to explain to the players why! This is their first experience with soccer, too, and the BEST time to educate all on the Laws of the Game.

### **Referee Fees**

No League or playing association may pay referee fees higher than the rates established by the North Carolina Youth Soccer Board of Directors. The following fees were adopted 2/13/05 and to are to be implemented starting in the Fall of 2005:

<b>Age</b>	<b>Recreation</b>	<b>Total Fee</b>
U17 and above		
➤ Referee	\$38	\$84
➤ Assistant Referee	\$23	
U16/U15		
➤ Referee	\$32	\$74
➤ Assistant Referee	\$21	
U14/U13		
➤ Referee	\$28	\$66
➤ Assistant Referee	\$19	
U12 and below		
➤ Referee	\$24	\$48
➤ Assistant Referee	\$12	

### **Dissemination of Information**

Your association must have a President and should have a Recreation Representative/Liaison. The representative acts as a liaison between the State Office and your team. The information that comes from the State Office needs to be viewed by everyone in your association. It is North Carolina Youth Soccer responsibility to get this information to your association, and your association's responsibility to get it to their member team

## **REGISTRATION**

### **Certified Recreation Registrar**

A Certified Recreation Registrar can become certified by mail, but will have to contact the NC Youth Soccer State Office for more details. (*See How to Contact North Youth Soccer Association*)

#### Registration Policies:

- The primary purpose of registration is to identify a player or coach with a specific association or league, and with specific team.
- Another use of the annual registration is to identify players and coaches covered by insurance through North Carolina Youth Soccer Association.
- Because sanctioned activities occur in the first week of September, and because the registration workload must be spread out for registrars, recreation registration is due September 15 for all participants in the fall season. Any additional players added for the spring season are due March 15 for the 2005-06 seasonal year.
- Registration becomes effective on September 1<sup>st</sup> of each seasonal year.
- Deliberate falsification of US Youth Soccer player/coach pass will be grounds for disbarment from future participation and/or membership in US Youth Soccer.

#### Registration Procedures:

- USSF, US Youth Soccer, and North Carolina Youth Soccer Association mandates that each of its members registers every individual player, coach, team and administrator that is sponsored, financed, coached, organized, or administered by the member each seasonal year.
- It is vital that all registration materials be legible. It is the responsibility of the local registrar to make sure that all copies can be easily read.
- In order that the information on players and coaches may be reported accurately to North Carolina Youth Soccer Association, US Youth Soccer, and USSF, all registrars must be sure the North Carolina Youth Soccer registration materials are completed in their entirety.
- All coaches and assistant coaches should be registered on North Carolina Youth Soccer Association Registration materials. There is no fee for coaches and assistant coaches. Proof of birth date is not required.
- All players shall present proof of age upon their initial registration with the association. Proof of age shall consist of a birth certificate, board of health record, valid driver's license, passport or alien registration card issued by the United States government, or Certificate of Naturalization issued by the Immigration and Naturalization Service.
- Recreation registrars are to complete the North Carolina Youth Soccer Association Team Work Roster for all teams unless a computer disk is being used for registration.
- All registration materials must have the recreation registrars' stamp below the last entry and should be signed and dated.
- A copy of the North Carolina Youth Soccer Association Medical Consent and Waiver of Liability Form may be copied and used by recreation associations.
- A US Youth Soccer official team roster may be requested from the State Office for tournament purposes only, i.e. Recreation State Cup. Only players who are in the database, registered to a specific team, will appear on the North Carolina Youth Soccer Association computer generated team roster.
- A recreation player who moves to a challenge or classic team is not considered a transfer.

- Associations may have their own rules regarding whether or not recreation players may also play on challenge or classic teams within their own association for league play. The recreation registrar should be aware of these rules.

## Player Registration

Players must register with their local association through their Certified Registrar. Your Registrar has the appropriate forms. It is the Registrar who maintains contact with the State Office. TEAMS FAILING TO REGISTER IN A TIMELY MANNER RUN THE RISK OF NOT HAVING THEIR PASSES WHEN THEY ARE NEEDED.

All registered players receive supplemental insurance coverage. The necessary claims forms may be obtained on-line or from your local registrar.

## Single Year Divisions (2005-2006 Seasonal Year)

Age	Born on or after			
Under 19	August 1, 1986	11v11	22 Roster	Ball size 5
Under 18	August 1, 1987	↓	22 Roster	↓
Under 17	August 1, 1988		22 Roster	
Under 16	August 1, 1989		18 Roster	
Under 15	August 1, 1990		18 Roster	
Under 14	August 1, 1991		18 Roster	
Under 13	August 1, 1992		18 Roster	
Under 12	August 1, 1993	8v8	14 Roster	Ball size 4
Under 11	August 1, 1994	8v8	14 Roster	Ball size 4
Under 10	August 1, 1995	6v6	12 Roster	Ball size 4
Under 9	August 1, 1996	6v6	12 Roster	Ball size 4
Under 8	August 1, 1997	4v4	10 Roster	Ball size 3
Under 7	August 1, 1998	4v4	10 Roster	Ball size 3
Under 6	August 1, 1999	3v3	8 Roster	Ball size 3
Under 5	August 1, 2000	3v3	8 Roster	Ball size 3

## Double Year Divisions

Age	Born on or after
Under 19/18/17	August 1, 1986 - July 31, 1989
Under 16/15	August 1, 1989 - July 31, 1991
Under 14/13	August 1, 1991 - July 31, 1993
Under 12/11	August 1, 1993 - July 31, 1995
Under 10/9	August 1, 1995 - July 31, 1997
Under 8/7	August 1, 1997 - July 31, 1999
Under 6/5	August 1, 1999 - July 31, 2001

## Multiple Rostering

A player may register on one or more than one team per a US Youth Soccer seasonal year, provided the following conditions are complied with:

1. No U17-U19 team shall have more than twenty-two (22) players rostered at one time.  
No U13-U16 team shall have more than eighteen (18) players rostered at one time.  
No U11-U12 team shall have more than fourteen (14) players rostered at one time.  
No U9-U10 team shall have more than twelve (12) players rostered at one time.  
No U7-U8 team shall have more than ten (10) players rostered at one time.  
No U5-U6 team shall have more than eight (8) players rostered at one time.
2. A player cannot play for more than one team in the same competition/age group. Competition is defined as league (classic, challenge, recreation) or tournament play.
3. **A player cannot play for more than one team in the same come competition sponsored by US Youth Soccer** (i.e., a player can only play for one team in the Recreation State Cup Tournament).
4. A player may register on only two teams at the same time. If the two teams are from different associations, both associations/coaches must be made aware of the multiple rostering.
5. A player must designate at initial registration the cup team and the non-cup team. This must be noted on the work roster. The registrar must also note this on the original roster. The computer will note on the player pass for a non-cup team.
6. The only way to change “cup” status is to drop from your current cup team. Your non-cup team then becomes your cup team.
7. Transfers from a designated cup team will make the new team the player’s cup team; similarly, transfers from a non-cup team will be to a new non-cup team.

### North Carolina Youth Soccer Association Recreation Fees

Item	Fee	Due Date in State Office
Player Fees	\$5.00	September 15 (Fall); March 15 (Spring)
Player Insurance Fees	\$5.00	September 15 (Fall); March 15 (Spring)
Replacement Pass	\$2.00	Due with Paperwork
Late Fee	\$.60	If past due based on dates above

**IMPORTANT:** Please remember that there is a five working day MINIMUM for NEW PLAYER registration materials to be turned around in the State Office. The registrar must receive the paperwork a minimum of FIVE DAYS before the player is eligible to play. Registrars cannot backdate the registration materials – PLEASE DO NOT ASK YOUR REGISTRAR TO DO SO – This puts the registrar and player in jeopardy. Please keep the following dates handy:

## Registration Calendar

<b>Date</b>	<b>Type of Registration</b>
September 15	Your initial recreation player registration for the fall season should be in the State Office. REMEMBER TO GO THROUGH YOUR LOCAL REGISTRAR
March 15	New players that have not already registered during the course of the seasonal year should be in the State Office by this date. (Spring Only)
<b>30 days</b>	<b>Prior to any tournament that a team wishes to participate in.</b>

### Important Notes:

- Recreation players are to complete North Carolina Youth Soccer Association Work Roster for all teams unless a computer disk is being used for registration.
- All registration materials must have the recreation registrar's stamp below the last entry and should be signed and dated.
- A copy of the North Carolina Youth Soccer Association Medical Consent and Waiver of Liability Form may be copied and used by recreation associations.
- A US Youth Soccer official team roster may be requested from the State Office for tournament purposes only, i.e. Recreation State Cup. Only players who are in the database, registered to a specific team, will appear on the North Carolina Youth Soccer Association computer generated team roster.
- A recreation player who moves to a challenge or classic team is not considered a transfer.

### Work Roster

#### *Roster limit*

<b>Age</b>	<b>Number of Players Allowed per Team</b>
U19-U17	22 player roster limit
U13-U16	18 player roster limit
U12, U11	14 player roster limit
U10, U9	12 player roster limit
U8, U7	10 player roster limit
U6, U5	8 player roster limit

*The Work Roster should be printed or typed clearly. Unreadable or incomplete forms will be returned.*

1. Circle the appropriate league for the team.
2. List the association name.
3. List your full team name. (Please note that North Carolina Youth Soccer Association will often need to condense team names to fit a limited database field.)
4. List the sex of the team. For all levels, there are male or female. If a team has both males and females on the team, then it is a male team.
5. Coaches Information: only one coach and three assistants/managers may be listed on the roster.

Required information:

- If you do not know his ID #, enter N/A and a number will be assigned
- First name
- Middle initial
- Last name
- Full address
- City
- Zip code
- Area code
- Phone number
- License grade (optional) Options are: THIS IS NOT A DRIVER'S LICENSE #
- US Youth Soccer license Y, E, D, C, B, and A,
- NSCAA license AN for Advanced National, N for National and R for Regional

6. Player information (No more than 22 and no less than 7 players may be listed on a roster, depending on age of team):

*Information required is:*

- Jersey number (not optional is going to tournaments or the Recreation State Cup)
- If you do not know the ID #, enter N/A and a number will be assigned
- First name, middle initial and last name (no nicknames-must be full name as it appears on the birth certificate)
- Full address
- City
- Zip code
- Area code
- Phone number
- Birth date
- Sex

*The following information is also necessary if player/coach registration is sent in on a disk.*

*Add fields on your spreadsheet for:*

- Association number (district number on the association list)
- League number (recreation = 1, challenge = 2)
- Activity (P = player, C = coach, H = assistant coach, M=manager)
- Club year (example: U10)
- Team name (required if going to tournaments or Recreation State Cup)

7. Registrar validation: Registrars must stamp in red with the special North Carolina Youth Soccer Association recreation stamp. The registrar must sign and date the stamp line. The date must be the day the transaction took place (unless done in August for new year, then date September 1).

8. Enter the registrar name, complete address and daytime phone number. The daytime phone number will help the state office to contact you during business hours should there be questions concerning the work roster. Keep a copy for your records. ***Recreation players should not send medical release forms to the state office. Local Associations should keep a copy of the medical forms together if any questions may arise in the future.***

9. This work roster form serves as the official roster for recreation play only. Teams participating in Cups, festivals, tournaments or all-star teams must have a generated North Carolina Youth Soccer Association Official Roster and player passes.

### **Items needed to add a Player/Coach**

1. Player/Coach Status Form
2. Medical Release Form – Provided by either the local association or North Carolina Youth Soccer Association. **Players Only!**
3. Receipt Form: \$10.00 **Players Only!**

### **Items needed to release a Player/Coach**

1. Player/Coach Status Form
2. The player/coach pass
3. The player's signature – *This is very important!* The purpose is to make sure that no child is released from a team without his/her knowledge.

### **Player Transfers**

A player who moves from one recreation team to another recreation, challenge or a classic team is not considered a transfer.

### **Obtaining a Permission to Travel**

*Only the North Carolina Youth Soccer Association State Office can approve a permission to travel!*  
Any team wishing to play outside of North Carolina in a **USYS sanctioned event**, must fill out a Permission to Travel form and submit it to the North Carolina Youth Soccer Association State Office for approval. Out of State play shall include, tournaments, scrimmages, friendlies, or league play in another state. In order for a team to receive permission to travel out of state they must submit the following **thirty (30) days prior to leaving the State:**

[Click here for ALL Permission to Travel Information](#)

**Please submit 30 days before the tournament date to the NCYSA State Office. If paperwork is received incomplete, it will not be processed. It will be returned to you. Late fees will apply!**

1. A completed Application to Travel Form-NO FAXES or E-MAILS (Form linked on website)
2. A NCYSA certified team roster with your registrar's red stamp, signature, and date. Please note that the original roster will stay in our files. It will not be returned to you.
3. A copy of the tournament's US Youth Soccer Application to Host Tournaments or Games (available on the tournament's website)
4. A self-addressed, stamped envelope with your return address
5. A \$10.00 administrative fee - include team name, age division on check
6. If less than 30 days, submit the \$10.00 administrative fee plus \$10.00 for each week late. When paperwork is received the week of the tournament, the total fee is \$50, two weeks prior to the tournament, the total fee is \$40, etc.
7. **\*\*A NCYSA certified "guest player" roster with both coaches signatures and the releasing registrar's red stamp, signature, and date (available from your registrar) The Guest Player form MUST accompany the Permission to Travel Form. It is advised that you make a copy and have them both red stamped. One will stay on file with NCYSA and one can be used for tournament registration. This is only necessary if you are taking guest players to the tournament, friendlies, or scrimmages. Guest players are required to have a NEW notarized medical release form that reflects the name of the team for which they are guest playing for.**

8. NCYSA Interstate Release Form - If the guest player resides in another state this form must be approved by BOTH State Offices. The interstate Release Form MUST accompany the NCYSA Guest Player Roster and Permission to Travel form.
9. The NCYSA State Office will approve and stamp the form and return it to the team in the provided self addressed envelope
10. Present your approved Permission to Travel Form at the tournament registration. *(You may fill out the Form online and print! Use the RESET button to clear your data for a clean form.)*  
Our website is updated on Fridays for teams that have been approved for travel.

**International Travel:** (Playing outside of the 50 United States and the District of Columbia). Please contact Rachel Jones ( [rachel@ncsoccer.org](mailto:rachel@ncsoccer.org) ) for instructions, guidelines and the appropriate forms. Forms should be submitted 90 days before you travel to avoid late fees with the United States Soccer Federation.

## **North Carolina Youth Soccer Association Discipline and Appeals**

North Carolina Youth Soccer Association Publishes a Discipline and Appeals Manual yearly. This manual addresses the North Carolina Youth Soccer Association Code of Conduct, Appeals Procedures, Recruitment, and Suggested Discipline Actions. Most discipline actions involving Recreation teams, players, or coaches, are handled at the local level. The Discipline and Appeals manual can be downloaded from the website [www.ncsoccer.org](http://www.ncsoccer.org), on the top menu scroll over the “Administration” tab and click on Discipline and Appeals.

## **Risk Management**

As of June 2005, NCYSA is in the process of establishing and implementing an online Risk Management Program. Please check the web, [www.ncsoccer.org](http://www.ncsoccer.org) for updates. Once the program is up and running, instructions and procedures will be made available. Risk Management programs are mandated by USYSA Bylaw 214. Section 2. USYSA and each State Association are responsible for establishing and monitoring a risk management program with its jurisdiction.

## **Small-Sided Games**

### **The Basics of 3v3/4v4**

The priority in 3v3 / 4v4 is to motivate youngsters in an enjoyable environment that is conducive to learning. The more pleasure kids derive from their participation the more they wish to play and practice on their own. While the instinct to play is natural, their affection and appreciation for soccer must be cultivated.

The 3v3 / 4v4 game develops:

- The mental, physical, and social characteristics representative of these age groups.
- Players touching the one toy on the field frequently; the ball
- Opportunities for players to score goals.
- Player possession of the ball as a productive and rewarding part of the game.
- Active participation and minimizes inactivity and boredom.

- The philosophy of player development expressed in state and national coaching schools.
- The game to be the teacher.

### **Why No Goalkeeper?**

Goalkeeping, as it relates to the adult version of soccer, requires a combination of motor skills, athletic talent and decision-making. A goalkeeper is not utilized in the 3v3 / 4v4 game because:

- Goalkeepers must be field players first. Prior to specializing as goalkeepers, children must learn the broad parameter of “play”. This is difficult to do when they hide beneath the crossbar and between the posts.
- Goalkeepers must possess field-playing skill. This is particularly true since the laws governing the 11 a side game have been changed to prohibit the goalkeeper from using handling skills to receive balls passed by teammates.
- Psychological maturity is necessary in order to function as a goalkeeper.
- The peripheral vision and hand eye coordination at these ages is usually not developed to the point necessary to play goalkeeper.

### **Why 3v3 / 4v4?**

Teaching soccer to children requires that the information provided to them be appropriate for their maturity level through some means (THE GAME) that makes sense to them. The environment for play must, essentially, meet the needs of the player.

Reducing the number of players to 4 (or 3) per team allows for all the components of the game of soccer:

- The ball
- Teammates & opponents
- Realistic pressure
- Appropriate pressure
- Modified Rules
- Direction of play (attacking & defending)
- The combination of length and width in the game

### **What is developed?**

- Skill that is realistic in relationship to the game of soccer
- Motor ability: balance, agility & coordination
- Perception: insight and awareness
- Vision
- Problem solving: choices and decisions
- Physical fitness
- Psychological domain: fun & enjoyable
- Learning by discovering, trial & error: playing!!!!

## **Rules of Play for U6, U8, U10 and U12**

The links below will take you to the US Youth Soccer page for Small Sided Games:

[Click here for the USYS Small Sided Games Main Page](#)

Or go to [www.usyouthsoccer.org](http://www.usyouthsoccer.org) then click on the “Coaches” tab at the top. From there, click on “Small-Sided Games Resource Center” on the left.

[Click here for U6 and U5 Rules](#)

[Click here for U8 and U7 Rules](#)

[Click here for U10 and U9 Rules](#)

[Click here for U12 and U11 Rules](#)

## **Coaching Education**

**Youth Modules** - The Youth Modules were designed to provide the most current information on the growth and development of the youth soccer player. It takes the approach that **the game is within the child**. The three Youth Modules concentrate on developmentally appropriate activities that help the child develop mentally, socially, and physically. By developing appropriate activities, we are allowing the game to be the teacher while providing a fun, organized, training session without too much stress on the coach. The three modules break down as follows:

- Youth I: U6-U8
- Youth II: U8-U10
- Youth III: U10-U12

**Regional Youth Modules** - North Carolina Youth Soccer Association had the opportunity to add a program for the education of our recreation coaches. The College Foundation, an organization that helps our children receive higher education, provided North Carolina Youth Soccer Association with a grant to allow these coaching courses to take place.

North Carolina Youth Soccer Association will be putting on four **FREE** clinics throughout the state of North Carolina starting at the beginning of 2002. In the past, we have received an overwhelming response for these clinics. The state was broken down into four (4) regions; each region will have a clinic over the course of the year. As stated above, this has the same course criteria as the Youth Modules, but allows coaches to earn certification for **FREE**.

**“E” License** – This course is designed specifically for the coach working with U12-U14 players and is the general certification for coaching 11-a-side youth soccer. The curriculum focuses on the development of the player both individually and as part of the team. The emphasis is to build on the player’s technical training by applying tactical concepts within game situations. Coaches are expected to participate and play during the course.

**“D” License** – This course is designed for the coach working with U12 and higher aged players and is the highest license that the state office offers. The emphasis of the course is to prepare coaches to further the development of the player’s technical application to the demands of the awareness within

the team. Coaches are expected to participate and play during the course. At the end of the course there is a practical and written test.

## **Recreation State Cup**

The NC Youth Soccer Recreation State Cup is a **RECREATION ONLY** tournament. This cup is open to any U9 to U19 Recreation Teams that competes in a North Carolina Youth Soccer Association recreation league. This cup, typically held in November, involves two weekends of play: a preliminary and final weekend. Seeding for the North Carolina Youth Soccer Association Recreation State Cup is NOT based on your season/league standings. Since the recreation standings are not compiled in the State Office, the seeding is prepared through a Blind Draw.

This tournament is a chance for you, your children and your team to participate in recreational competition and family fun. Local associations are responsible to assure that teams participating adhere to compete fairly in a recreational atmosphere. In a sense, teams comprised of a significant number of skilled players with previous challenge level and above experience are not consistent with the spirit of recreational soccer.

Each team participating in the tournament must have an official roster with them at the event and this roster **MUST BE PRINTED BY THE STATE**.

### **North Carolina Youth Soccer Association Sanctioned Recreation Tournaments**

Please visit the North Carolina Youth Soccer Association's web page: [www.ncsoccer.org](http://www.ncsoccer.org) and look under 'Sanctioned Tournaments' for the latest update on events around the State.

## **How To Contact North Carolina Youth Soccer Association**

Mail can be directed to: NCYSA – PO Box 29308 – Greensboro, NC 27429  
Physical address: NCYSA – 136 Manley Ave. – Greensboro, NC 27407

Office hours: Monday 11:00AM to 4:30PM  
Tuesday – Friday 9:30AM to 4:30PM

### **Telephone numbers**

<b>Name</b>	<b>Position</b>	<b>Number</b>
Bob Singer	President	336-373-3123
David Neininger	Vice President - Recreation	336-744-4942
Andre Burger	Vice President – Tournaments	704-553-8051
Kathy Robinson	Executive Director	336-856-7529 (PLAY)
Mark Moore	Deputy Director	336-856-0460
Jane Williams	Assistant Director – Recreation	336-856-0063
Debbie Morton	Assistant Director – Classic	336-856-0063
Kim Zimbal	Assistant Director – Challenge	336-856-0460
Tom Mosier	Database Manager	919-847-8504
Judy Ennis	Assistant Director – Registration	336-856-0502
Susan Hartsell	Assistant Director – Registration	336-856-0502
Jane Williams	Assistant Director - Discipline & Appeals	336-856-0063
Val O’Keeffe	Assistant Director - Discipline & Appeals	336-856-0502
Diego Munoz	Assistant Director – Amateurs	336-856-0702
Rachel Jones	Administration Manager	336-856-7529 (PLAY)
Chris Little	Director of Coaching and Player Development	336-856-0460
Darae Hamilton	State Select Assistant	336-856-0460
Dottie Worsham	New Membership	336-856-0502
Fax		336-856-0204

### **E-mail Addresses**

Bob Singer	<a href="mailto:rsinger@brookspierce.com">rsinger@brookspierce.com</a>
David Neininger	<a href="mailto:david.neininger@eds.com">david.neininger@eds.com</a>
Andre Berger	<a href="mailto:aeburger@bellsouth.net">aeburger@bellsouth.net</a>
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Rachel Jones	<a href="mailto:rachel@ncsoccer.org">rachel@ncsoccer.org</a>
Jane Williams	<a href="mailto:recreation@ncsoccer.org">recreation@ncsoccer.org</a>
	<a href="mailto:d-a@ncsoccer.org">d-a@ncsoccer.org</a>
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Kim Zimbal	<a href="mailto:challenge@ncsoccer.org">challenge@ncsoccer.org</a>
Tom Mosier	<a href="mailto:ncmoe@mindspring.com">ncmoe@mindspring.com</a>
Judy Ennis	<a href="mailto:judy@ncsoccer.org">judy@ncsoccer.org</a>
Susan Hartsell	<a href="mailto:susan@ncsoccer.org">susan@ncsoccer.org</a>
Dottie Worsham	<a href="mailto:dottie@ncsoccer.org">dottie@ncsoccer.org</a>
Val O’Keeffe	<a href="mailto:val@ncsoccer.org">val@ncsoccer.org</a>
Chris Little	<a href="mailto:coach@ncsoccer.org">coach@ncsoccer.org</a>
Darae Hamilton	<a href="mailto:stateselect@ncsoccer.org">stateselect@ncsoccer.org</a>
Diego Munoz	<a href="mailto:ncasa@ncsoccer.org">ncasa@ncsoccer.org</a>

**NCYSA Web Page** [www.ncsoccer.org](http://www.ncsoccer.org)

## Resources Available (Brochures, video, etc)

<b>Free Brochures</b>
Parents Guide
Parents Guide - Spanish
US Youth Soccer Tattoos
Soccer Start – A Program Overview
Tournament Hosting Agreement
Managing the Ultimate Risk
Welcome to US Youth Soccer
Welcome to US Youth Soccer- Spanish Version
Principles of Conduct
Postcard – The Game For All Kids!!
American Cup Program Guide
KIDSSAFE A Risk Management Program
Living Through a Lawsuit
Guidelines for Handling Bloodborne Pathogens
Guidelines for Financial Management
US Youth Soccer Member Pass (Track)
US Youth Soccer Member Pass (Laser)
Tournament Risks
Olympic Development Program
Officials Handbook for Small sided Games
Referees, Coaches, Parents-Role Models for Life
US Youth Soccer Sticker Set
Travel and Tournament Policy

<b>Discounted Materials</b>	
Official Coaching Manual	\$5.95
100+ Copies	\$5.50
Can Coach Boys & Girls Soccer CD-ROM Ages U6-U8	\$14.00
Can Coach Boys & Girls Soccer CD-ROM Ages U10-U12	\$14.00
100-499 Copies	\$13.00
500+ Copies	\$12.00
Youth Soccer Parent/ Coach Primer	\$1.25
Assistant Coach Series : U6/U8 Activity Aid	\$2.50
Assistant Coach Series : U10 Activity Aid	\$2.50
Assistant Coach Series : U12 Activity Aid	\$2.50
Coaching the U12 Player : Years of Refinement	\$1.25
Coaching Youth Soccer VHS (49 minutes)	\$8.95
Stickley Pin	\$1.00
US Youth Soccer Media Guide	\$2.00
Policy on Players and Playing Rules	\$5.50
Team Patch Kit (14 Patches)	\$10.00
Logo label Pin – USYSA/Game For All Kids	\$1.50
US Youth Soccer Label Pin	\$1.50
US Youth Soccer Embroidered Patch	\$2.00
How to Organize a Soccer Tournament	\$4.00
US Youth Soccer Bylaws	\$2.00
Know Soccer and its Rules	\$1.25
American First Aid Kit	\$14.50
TOPSoccer Manual	\$2.00
Welcome to US Youth Soccer Video	\$7.00
Application to Host a Tournament (Pad of 50)	\$10.00
Travel Applications (Pad of 50)	\$10.00
Volunteer Disclosure Application (Pad of 50)	\$3.00
Soccer Start Manual	\$2.00
Official Athletic College Guide – Soccer	\$17.95
Coaching Youth Soccer by Bobby Clark	\$7.00

All available resources can be ordered or purchased through the state office. Local associations will have to pay for shipping and handling which can vary depending on the amount ordered. An order form can also be located on the North Carolina Youth Soccer Association website, [www.ncsoccer.org](http://www.ncsoccer.org). Or you may contact Rachel Jones, [rachel@ncsoccer.org](mailto:rachel@ncsoccer.org)

NCYSA Associations: \_\_\_\_\_ Association Code

Here is the link to the Association List on our website :

[http: // www.ncsoccer.org/Administration/05\\_06\\_renewals.shtml](http://www.ncsoccer.org/Administration/05_06_renewals.shtml)